



Travel Tips for a Healthier Vacation

Travel Shopping List

Don't forget to pack these items in your bag on your next vacation to help check some vacation spoilers at the gate.



Hand Sanitizer



Clorox® Disinfecting Wipes



Healthy Snacks



Multivitamins



Sunscreen



Protective Sun Gear



Water



Ibuprofen/Aspirin

For more healthy travel tips, call 1-888-MIC-MOMY

** Use cleaning products as directed.*